

## 2016 Epic Cache-Teton Relay

**\*A member of the EPIC staff (the Volunteer Coordinators listed below) will meet you at your assignment to check you in and give you your swag, additional instruction and answer any questions you have\***

### EXCHANGE 7

Date: Friday August 12, 2016

Time: 11:45am-6pm

Location Title: Riverdale Church Park

Location Address: 3545 N 1600 E, Preston, ID 83263

Location Map URL: <http://maps.google.com/maps?q=N42+09.694+W111+50.261+&hl=en&ll=42.161606,-111.837666&spn=0.010132,0.018432&sll=42.116052,-111.856205&sspn=0.010219,0.018432&z=16>

### Volunteer Coordinator Contact Info:

Jacci: 801-897-5407

### Epic Staff Contact Info (for use only if you cannot reach the Volunteer Coordinators):

Michael Papworth: 970-301-6130

Nick Cottle: 503-400-1513

### You Will Be Provided With:

- An official Race Crew T-Shirt
- An Exchange Bag Including
  - A clipboard with your Exchange Log Time Sheet
  - A pen
  - Safety Vests- MUST BE WORN
  - Walkie Talkies (night shift only)
  - Lantern (night shift only)
  - Lighted traffic wand (night shift only)
  - A trash bag
- Exchange Markings
- Portable toilets

### What you need to bring:

- A CHAIR! Please do not forget to bring a place to sit
- Sunscreen, sunglasses, hat. Or, in case of rain, a raincoat and waterproof clothing
- An umbrella or tent for shade, if desired
- A camera
- Snacks
- Music and other items to make your Exchange FUN!
- Keep in mind that you will be outdoors for several hours, no matter what type of weather. Please bring whatever you think you will need to be comfortable.

**\*\* Please be sure to bring a copy of the Volunteer Manual that you received via email. The Manual contains all the information you need to know about how to manage your Exchange from beginning to end\*\***

**THANK YOU FOR VOLUNTEERING!**