



**2016 Epic Cache-Teton Relay  
Runner/Volunteer Substitution Form**

Team Name \_\_\_\_\_ Captain Name \_\_\_\_\_

Name of former participant \_\_\_\_\_

Name of replacement \_\_\_\_\_

Type of substitution (check one): Runner \_\_\_\_\_ Volunteer \_\_\_\_\_

\*If you have a team roster change after Thursday July 14, 2016 at 11:59 MT you'll need to fill out and bring this form to the Relay Start Check In. There will also be a \$15 fee associated with each substitution to be paid at the Relay Start Check In.